

The Complete A to Z for Your V A Womens Guide to Everything You Ever Wanted to Know About Your Vagina- -Health Pleasure Hormones and More



BOOK DETAILS

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BOOK SYNOPSIS

Everything you always wanted to know about being a woman, but didn't know whom to ask. Breaking the mold on women's health guides, *The Woman's A to Z for Your V* tells women of all ages what they need to know about their own unique health as a woman. Whether you are researching a specific issue or just want a go-to reference for yourself, your daughter, your niece, or your partner, this book offers it all in a friendly, illustrated format from an expert in the field of women's health. The book covers every topic the author, a well-respected OB/GYN with over 20 years of experience in practice, has been asked about in her career. This is the doctor's guide for the laywoman, and it pulls no punches when talking about sex, shaving, what's "normal," vibrators, STDs, and beyond. The friendly and funny voice along with accessible illustrations make subjects that normally make people squirm easy and enjoyable to read about. The author's focus is to make women feel comfortable and empowered in their bodies, which makes this book stand out from the dryer medical guides. Women's health is a topic that is now more out in the open for discussion than ever before, and *The Woman's A to Z for Your V* makes finding the answers easy and asking the questions even easier.

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